Cais Tawm & Nyob Ib Leeg Raws
Tus Qauv rau Cov Menyuam - (Hmong)

Menyuam Muaj Tsos Mob COVID-19

Menyuam yuav tau nyob haun tsev mus raws li ntawm the Centers for Disease Control tej lus qhia nram qab no

Koj tus menuam puas tau mus knaj qhov PCR COVID-19 test?

YES

NO

Tsis Mob

Menyuam puas tau nyob ze ib tug uas tau tus mob COVID-19 lawmi?

YES

NO

Nyob haun tsev li 14 lmbh tom qab lmbh kawg uas tau nyob nrog tus muaj mob

Nyob haun tsev yam tsawg tshaj yog 10 lmbh txij li tus tsos mob xub tshewn sim thiab kom txog rau thauam tsis muaj tsos mob ntxiv thiab tsis kub cev mus yam tsawg kawg yog li 24 teev uas tsis noj tshajn TIAB lwm yam mob los zoo zui xus lawm

Menyuam Nyob Ze tus Muaj Mob COVID+ Ib Tug Twg

Menyuam nyob haun tsev 14 lmbh tomqab lmbh kawg uas nyob ze tus pauh tias mob tiag lawmi

Tus neeg mob COVID+ puas nyob haun tus menuam lub tsev?

NO

YES

Cov nus muaj thiab tsev neeg yuav tau nyob haun tsev ntxiv mus 14 lmbh dhuaw ntawm tus me nyuam qhov cais tawm (tas nrho 24 lmbh uas nyob leeg tsis xyaw cov nus muaj thiab tsev neeg)

*Nyob Sib Ze: nyob nrog tus neeg muaj tus mob COVID, mus nyob ze nrog tus neeg na pa pawm yam yus tsis paub uas tus neeg ntawm twb muaj mob (hnoos/txham tau, sib qiv txom qhov muaj/koom noj/tej khoom tug, tej no.) uas lub cev tau sib chhw nrog tus neeg muaj tus mob, nyob sib ze txij li 6 kaum nruam ntawm tus neeg muaj tus mob ntew dua 15 feeb uas tsis looj daim npog qhov ncauj

gbaps.org

Rov Kho 2/11/21

COVID-19 tus tsos mob: hnoos, ua tsis taus pa, ua pa nyuaj, los ntswg, txhaws ntswg, mob qa, kub cev, ua daus no, mob toh hau, tej leeg mob, raws plab, xeev sibh, ntuav, tsis hnoj dah tsi qab thiab tsw

Cov nus muaj thiab ib tug haun tsev neeg TSIS TAS tau nyob haun tsev, tshxw yog lauw muaj tus mob losis yeej tau nyob ze rau tus mob COVID + nrog ib tug twg.
**Isolation & Quarantine Protocols for Students**

**Child has COVID-19 Symptoms**

**Child needs to stay home in accordance with the Centers for Disease Control guidelines below**

**Did the child get a PCR COVID-19 test?**

**Negative Result**

- Child must stay home until tests results are received

**Positive Result**

- Assume child has COVID-19
- Child to stay home at least 10 days since symptoms first appeared and until no respiratory symptoms and no fever for at least 24 hours without medication AND improvements of other symptoms

- Siblings and household members should stay home for an additional 14 days beyond the positive child's isolation (total of 24 days of quarantine for sibling and household)

**Child had Close Contact with a COVID+ Individual**

- Child to stay home 14 days after the last date of contact with confirmed case

- Does the child have siblings in their household that also attend schools in the District?

  **NO**

  - Child to remain home for 24 days from the first day of family/household member’s first day of symptoms

  **YES**

  - Siblings and household members DO NOT need to stay home, unless they have symptoms or were also exposed to the COVID+ individual.

**COVID-19 symptoms:** cough, shortness of breath, difficulty breathing, runny nose, congestion, sore throat, fever, chills, headache, muscle aches, diarrhea, nausea, vomiting, new loss of taste and smell

*Close Contact:* living with a person who is positive for COVID, coming into contact with the respiratory secretions of an infected person (cough/sneezed on, shared glasses/food/personal items, etc.) having physical contact with an infected person, being within 6 feet of an infected person for more than 15 minutes regardless of masking

**gbaps.org**

Updated 2/11/21